MODULE 1: "Day in the Life" Activity Suggestions

Use statements, words, and pictures to depict some or all of the style's characteristics.

Guiding questions from Handout 1.2

- What are your greatest contributions to your workplace?
- What are your greatest fears?
- How are you misunderstood?
- How can other styles relate better to you?

A DAY IN THE LIFE OF A "D"

Priorities: Results, Action, Challenge

Contributions
- Pushes for results
- Shows decisiveness
- Displays confidence
- Conveys urgency
- Speaks up about problems

How misunderstood
- Bluntness may seem rude or unfriendly
- Strong will and competitiveness may come across as pushy or intimidating

Fears
- Failure
- Appearing weak
- Being taken advantage of

How others can relate
- Know that we're fast-paced and action-oriented
- Show confidence if you want to be heard
- Minimize the small talk—get to the point

A DAY IN THE LIFE OF AN "i"

Priorities: Enthusiasm, Action, Collaboration

Contributions
- Generates enthusiasm
- Creates a lively environment
- Is eager to get things started
- Gets everyone involved
- Connects with others

How misunderstood
- May seem to waste time by socializing
- Expressiveness can seem overwhelming
- Networking doesn't appear to be work

Fears
- Rejection
- Criticism
- Being ignored

How others can relate
- Be open and listen to our ideas
- Keep details to a minimum
- Share personal stories or anecdotes

A DAY IN THE LIFE OF A "C"

Priorities: Accuracy, Stability, Challenge

Contributions
- Strives for reliability
- Ensures accuracy
- Provides logical analysis
- Questions ideas
- Maintains high standards

How misunderstood
- Considered too cautious and skeptical
- Reserved nature interpreted as arrogance or dislike
- May seem to focus on fault-finding

Fears
- Being wrong
- Having to settle for low quality/accuracy
- Emotional outbursts

How others can relate
- Come with facts to support your opinions
- Respect our private nature and desire to work alone
- Avoid appearing overly expressive or enthusiastic

A DAY IN THE LIFE OF AN "S"

Priorities: Support, Stability, Collaboration

Contributions
- Listens and provides support
- Team player
- Accommodates different people and ideas
- Remains calm and tactful
- Shows patience

How misunderstood
- Too accommodating—may not seem to have preferences
- Doesn't speak mind
- Cautious nature can appear indecisive

Fears
- Rapid change
- Upsetting others
- Loss of harmony

How others can relate
- Avoid introducing changes at the last minute
- Give us time to process change
- Create an environment where we don't have to fight to get our opinions heard

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